

Two's Company

Fun and enjoyment through cycling

Two's Company is a tandem cycling project for adults and young people in Bristol who are blind or visually impaired.

By enabling people to get out into the countryside and experience the joys and freedoms of cycling, we offer the opportunity to take part in a sociable, fun and healthy activity, meet new people and make new friends.

"It's brilliant to get back on a bike again. I never thought I would be able to do this after I lost my sight"

"Two's Company has been empowering for me to meet other people, both visually impaired and sighted, in a social environment."



Call: 0117 353 4580

Email: tandemrides@lifecycleuk.org.uk

Visit: www.lifecycleuk.org.uk

Life Cycle  UK

start cycling • keep cycling • love cycling

Tandem rides

Exercise, company and fresh air

What to expect:

You will ride on the back of a tandem bicycle with a friendly, sighted volunteer at the front. All rides are led by an experienced ride leader.

We offer:

- Taster days
- Tandem rides for young people
- Tandem rides for adults
- Routes to suit all abilities
- Volunteering opportunities



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