



Cycle Training for Young People: Consent Form

Please read and complete this form and return it to us at the address below. Thank you.

Your name

Your address

.....

Home phone number Work phone number

Mobile phone number e-mail address

Child's name Age

I am the parent or legal guardian of the above child and I give my consent for them to participate in cycle training provided by Life Cycle UK. I understand that:

1. If I provide a bike for my child I will make sure it is roadworthy i.e. that it meets all the requirements listed on Life Cycle UK's Bicycle Safety Checklist. If necessary I will take it to a cycle shop and have it serviced before the course. I understand that Life Cycle UK operates a no refund policy if the instructor deems my child's bicycle to be unsafe.
2. Training will take place in public spaces and on public roads.
3. Life Cycle UK is not liable for any injury, loss or damage to persons or property during, before or after the training session including on journeys to and from the training venue.
4. Completion of the training session does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice.
5. It is my responsibility to decide if I should have personal accident insurance for my child.
6. I accept that Life Cycle UK's instructors may, at any time, refuse to train my child if their behaviour or competence is deemed to be unsuitable.
7. It is my responsibility to decide whether my child should wear a helmet. If my child does not wear one, Life Cycle UK will not be liable for any injuries that may have been prevented by the wearing of a helmet. I will ensure that my child's helmet fits correctly
8. If Life Cycle UK's instructor teaches my child the theory and principles of cycling, this may be done indoors e.g. at home. I will be present throughout such instruction.

Signed **Date**

Have you provided a cycle helmet and do you wish your child to wear it? (please tick)

No **Yes**

Does your child have special educational or physical needs or behavioural problems? (please tick)

No **Yes** (please give details)

Does your child have any medical condition we should be aware of? (please tick)

No **Yes** (please give details)

We sometimes take photographs of our cycle training for publicity purposes. Please tick the box if you **do not** want your child to be photographed.